

NATURE & WELLBEING



Cuilcagh Boardwalk Trail, Cuilcagh Lakelands Geopark

**EXPERIENCES,
IT'S IN OUR
NATURE**



**CUILCAGH
LAKELANDS
GEOPARK**

www.cuilcaghlakelands.org

Welcome

Immerse yourself in the natural beauty and cultural heritage of Cuilcagh Lakelands Geopark with this carefully crafted three-day itinerary. From hiking breath-taking trails and exploring underground wonders to peaceful lake paddling and forest walks, this adventure offers the perfect balance of outdoor activity, relaxation, and indulgence in local cuisine.

Before embarking on your adventure, it's important to contact each of the providers in advance to confirm opening times, availability, and make any necessary bookings. Whether it's securing your parking for the Cuilcagh Boardwalk Trail, reserving a subterranean tour at the Marble Arch Caves, or booking your sunrise paddle at Cavan Adventure Centre, early planning ensures a smooth and stress-free experience.

Don't forget to check with dining spots like Lilly Ann's Café, The Keepers Arms, and Tully Mill Restaurant to confirm opening hours and make reservations, especially during peak seasons or weekends.

Additionally, for a relaxing meditation session at Jampa Ling or a yoga session with Noeleen Shannon, it's best to enquire about their schedule and availability.



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Morning: Cuilcagh Boardwalk Trail

Start your day with an invigorating hike along the Cuilcagh Boardwalk Trail, famously known as the 'Stairway to Heaven.' This scenic trail offers stunning views of the surrounding landscape as you ascend the wooden boardwalk towards the summit of Cuilcagh Mountain. Along the way, you'll traverse diverse terrains, from peatlands and heath to dramatic limestone landscapes, experiencing the raw beauty of the Geopark. Don't forget to capture some photos at the viewing platform at the summit, where you'll be rewarded with panoramic views of the lakelands below.



Lunch: Lilly Anne's Café

After your exhilarating hike, enjoy a well-deserved break at Lilly Anne's Café located in the Visitor Centre at the Marble Arch Caves. The café offers a variety of fresh and locally sourced meals, perfect for refueling after your morning adventure.

Afternoon: Tour at Marble Arch Caves

Continue your adventure with a guided subterranean tour of the Marble Arch Caves, one of the highlights of the Geopark. Marvel at the awe-inspiring underground river and shimmering stalactites as you journey deep into the heart of this natural wonder. Your knowledgeable guide will share fascinating insights into the geology and history of the caves, making this an unforgettable experience.



Evening: Dinner at Tully Mill Restaurant

As the afternoon draws to a close, head to your accommodation to unwind and freshen up. For dinner, enjoy an intimate and delicious meal at Tully Mill Restaurant, nestled near Florence Court House. The restaurant prides itself on serving seasonal dishes made with locally sourced ingredients, including farm-fresh vegetables and meats. With its warm, rustic ambiance and views of the surrounding countryside, it's the perfect place to reflect on the day's adventures.



- 📍 Cuilcagh Boardwalk Trail, Legnabrocky, Florencecourt, Co. Fermanagh BT92 1ER
- 📍 Lilly Anne's Cafe, Marble Arch Caves Visitor Centre, 43 Marlbank Road, Enniskillen BT92 1EW
- 📍 Marble Arch Caves, 43 Marlbank Road, Enniskillen, Co. Fermanagh BT92 1EW
- 📍 Tully Mill Restaurant, Florencecourt, Enniskillen, Co. Fermanagh BT92 1FN

Day Two



Morning: Sunrise Paddle with Cavan Adventure Centre

Start your day early with an unforgettable sunrise paddle on the tranquil lake of Lough Oughter. Head to Cavan Adventure Centre, where you'll embark on a peaceful kayak or canoe trip across the misty waters. This serene morning activity offers a perfect blend of nature and history in one of Ireland's most beautiful settings.



Lunch: The Keepers Arms

After your paddle, you'll likely have worked up an appetite. Head to The Keepers Arms, a charming and rustic spot known for its hearty and wholesome meals made from locally produced ingredients. This cosy eatery is a favourite among both locals and visitors for its relaxed atmosphere and quality food. Enjoy a delicious lunch featuring classic Irish dishes with a modern twist.



Afternoon: Explore Killykeen Forest Park

After lunch, take a short drive to Killykeen Forest Park, a beautiful woodland area of approximately 240 hectares surrounding Lough Oughter. Whether you prefer a gentle stroll along the well-marked trails or a leisurely cycle, this forest is perfect for unwinding and enjoying the peaceful atmosphere of the countryside.



Evening: Settle into Your Accommodation

As your day winds down, return to your accommodation to rest and refresh. Take some time to relax, perhaps enjoying a quiet walk or a warm cup of tea as you take in the evening air.

📍 Cavan Adventure Centre, Inishmore, Butlers Bridge, Co. Cavan, H12 CD43

📍 The Keepers Arms, Bawnboy, Co. Cavan, H14 YE24

📍 Killykeen Forest Park, Killykeen, Co. Cavan

Day Three



Morning: E-Bikes & Eco-Spa at Corralea

Kick off your third day exploring the untapped wilderness of Cuilcagh Lakelands Geopark by embarking on an e-bike tour with Corralea Activity Centre. Glide through forest paths, scenic byways, and quiet country roads as you take in the unspoiled natural beauty of the Geopark.

After your e-bike adventure, unwind with a day of pure serenity back at Corralea. Treat yourself to a rejuvenating session in their Nordic hot tub, nestled in the heart of nature, surrounded by towering trees and pristine landscapes. Alternate between the hot tub, wood-fired sauna, and invigorating natural lake dips for the ultimate relaxation experience.

Afternoon: Afternoon Tea at Lough Erne Resort

After a day of fresh air and discovery, treat yourself to a leisurely afternoon at Lough Erne Resort. Overlooking the serene waters of Lough Erne, the resort is renowned for its exceptional dining experiences, from elegant afternoon tea served in the Blaney Bar to the award-winning menu at the Catalina Restaurant, Ireland's first 3 AA Rosette hotel restaurant. Using the finest local produce, each dish is crafted to celebrate the flavours of Fermanagh.



Evening: Settle in for the Night

After a day filled with adventure and relaxation, settle into your accommodation for a peaceful night's rest. Whether you choose a luxury resort, a cosy lodge, or a welcoming guesthouse, you'll drift off to sleep, fully rejuvenated after your Geopark getaway.



📍 Corralea Activity Centre, 184 Lattone Rd, Belcoo, Corralea, Co. Fermanagh BT93 5DZ

📍 Lough Erne Resort, 193 Lough Shore Rd, Ross Inner, Enniskillen, Co. Fermanagh BT93 7ED

Day Four



Morning: Spend the morning at Noeleen Shannon Yoga

Start your final day with a peaceful morning yoga session led by Noeleen Shannon, set in the tranquil surroundings of the Geopark. This gentle yoga practice will help you stretch, relax, and centre your mind after a few days of adventure. Noeleen's session is designed to connect you with the natural beauty around you, offering a perfect start to the day before your return home!



📍 Noeleen Shannon Yoga, Kilconny, Belturbet, Co. Cavan

Check out our website for more itineraries

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