

ADVENTURE



Adventure Caving @ Marble Arch Caves

EXPERIENCES, IT'S IN OUR NATURE



CUILCAGH
LAKELANDS
GEOPARK

www.cuilcaghlakelands.org

Welcome

Experience Adventure in Cuilcagh Lakelands Geopark

Get ready to immerse yourself in the wild beauty, thrilling activities, and breathtaking landscapes of Cuilcagh Lakelands Geopark on this three-day adventure itinerary. From mountain boardwalks and underground caves to tranquil lakes and watersport thrills, this journey is designed for those who crave action, exploration, and connection with nature.

Over the next few days, you'll hike along the world-famous Cuilcagh Boardwalk Trail, paddle at sunrise across Lough Erne and Lough Oughter, and explore the hidden depths of the Marble Arch Caves. Along the way, you'll discover historic islands, vibrant local culture, and award-winning distilleries, all set against the stunning backdrops of forests, lakes, and limestone landscapes.

Whether you're seeking a pulse-raising adventure or serene moments in nature, this itinerary blends adrenaline, relaxation, and unforgettable scenery. Each day is designed to leave you inspired by the natural wonders and cultural heritage of this remarkable region.

Before setting off, we recommend checking opening times, tour availability, and pre-booking activities to make the most of your experience. Prepare to embrace the spirit of adventure in the heart of Cuilcagh Lakelands Geopark!



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Day One



Morning: Conquer the Cuilcagh Boardwalk Trail

Kickstart your adventure with one of Northern Ireland's most iconic hikes – the Cuilcagh Boardwalk Trail, often nicknamed “The Stairway to Heaven.” Rising majestically to 665 metres, Cuilcagh Mountain offers breathtaking views over the surrounding lakes, lowlands, and rolling drumlins that make Cuilcagh Lakelands Geopark so unique.



Lunch: Refuel at Lilly Anne's Café, Marble Arch Caves

After your hike, head to Lilly Anne's Café, located at the Marble Arch Caves Visitor Centre. This welcoming café offers a well-earned rest and a chance to refuel with freshly prepared soups, sandwiches, and homemade treats. Enjoy your lunch overlooking the surrounding woodland, with the sound of the nearby Cladagh River providing the perfect natural soundtrack.



Afternoon: Adventure Caving at the Marble Arch Caves

In the afternoon, trade the mountain air for the underground world beneath it as you embark on an Adventure Caving experience at the Marble Arch Caves. Led by expert Geopark Guides, this thrilling expedition takes you beyond the standard show cave tour and into the less-explored chambers, passageways, and streamways of the Geopark's hidden underworld.

Crawl, climb, and squeeze through ancient limestone formations that were carved out by water over millions of years. Marvel at the stalactites, stalagmites, and shimmering flowstones that decorate the caverns, and learn how geology, water, and time have combined to create this extraordinary subterranean landscape.

It's an exhilarating and unforgettable way to experience one of the finest show caves in Europe – and one of the most exciting adventures the Geopark has to offer.



Evening: Settle In and Savour a Well-Earned Meal

After a day filled with adrenaline and awe, check into your chosen accommodation and unwind. Whether you prefer a cosy lakeside lodge, a boutique guesthouse, or a countryside hotel, there's no shortage of welcoming places to rest your head in the Geopark.

Round off your first day with a delicious evening meal at a local restaurant or pub, many of which serve locally sourced produce. It's the perfect way to relax, reflect, and recharge before another day of discovery.



📍 Cuilcagh Boardwalk Trail, Legnabrocky, Co. Fermanagh BT92 1ER

📍 Lilly Anne's Café, Marble Arch Caves Visitor Centre, Co. Fermanagh BT92 1EW

📍 Marble Arch Caves, 43 Marlbank Road, Florencecourt, Co. Fermanagh BT92 1EW

Day Two



Morning: Dawn Paddle with Blue Green Yonder

Rise early and experience the tranquillity of Lough Erne at its most magical with a Dawn Paddle led by Blue Green Yonder, based in Enniskillen.

This serene adventure offers a chance to see the island town of Enniskillen from a completely new perspective, as you drift past castle walls, historic bridges, and swans gliding gracefully beside you. It's a mindful yet invigorating experience — the perfect blend of adventure, calm, and connection with nature.



Afternoon: Explore the Island Town

Set off on a guided Island Discovery Tour with Erne Water Taxi and uncover the fascinating stories of Enniskillen, Ireland's only island town. Cruise around its waterways in comfort as your local skipper shares tales of Viking raids, castle sieges, and life along the Erne.

Lunch: Indulge at Lough Erne Resort

After your morning on the water, head to the luxurious Lough Erne Resort, where relaxation and indulgence await. Set on a private peninsula with panoramic views of the lakes, this five-star retreat is the perfect spot to unwind after your paddle.



Choose from a casual lunch at The Blaney Bar, featuring locally inspired dishes and classic favourites, or treat yourself to a luxury Afternoon Tea in the elegant surroundings of The Catalina Restaurant. Savour delicate sandwiches, warm scones, and handcrafted pastries while overlooking the shimmering waters of Lough Erne — it's a taste of indulgence in the heart of nature.



Next Stop: Visit The Boatyard Distillery






Continue your afternoon of adventure with a visit to The Boatyard Distillery, an award-winning craft distillery nestled on the shores of Lough Erne. During your behind-the-scenes tour, you'll learn how founder Joe McGirr brought distilling back to his home county, creating spirits inspired by Fermanagh's pristine landscape.

Discover the secrets, see how the distillery works, and enjoy a guided tasting — the perfect way to toast your day on the water.



Evening: Dine, Drink & Dance in Enniskillen Town

Round off your day with a night of food, music, and craic in Enniskillen Town. Choose from a variety of restaurants offering everything from fine dining to hearty Irish fare, then settle in for an evening of live music in one of the town's many welcoming pubs.

-  Blue Green Yonder, Castle Island, Enniskillen, Co. Fermanagh BT74 7EF
-  Erne Water Taxi, Castle Museum Jetty, Enniskillen, Co. Fermanagh BT74 7HL
-  Lough Erne Resort, Enniskillen, Co. Fermanagh BT93 7ED
-  The Boatyard Distillery, 346 Lough Shore Rd, Enniskillen, Co. Fermanagh BT93 7DX
-  Enniskillen Town, Co. Fermanagh

Day Three



Morning: Dawn Dip at Annagh Lake Amenity Site

Start your day with an invigorating dawn dip at Annagh Lake Amenity Site. As the sun rises over the still waters, take a refreshing plunge in this tranquil setting, surrounded by woodlands.

This early-morning adventure is the perfect way to awaken your senses and embrace the natural beauty of Cuilcagh Lakelands Geopark. Whether you're a seasoned swimmer or a first-timer seeking an exhilarating experience, the crisp, clear waters will leave you feeling revitalised and ready for the day ahead.



Afternoon: Stand-Up Paddleboarding at Cavan Adventure Centre

After your morning dip, head to the Cavan Adventure Centre for an afternoon on the water at Lough Oughter, one of Ireland's most beautiful and historic lake systems. Here, you can enjoy stand-up paddleboarding (SUP) across the lake's calm waters, guided by expert instructors.

Lough Oughter is not only stunningly scenic but also steeped in history, dotted with ancient crannogs, islands, and wildlife. As you glide across the water, take in majestic views of the surrounding drumlins, forests, and historic monastic sites. The experience blends thrill, relaxation, and connection with nature, offering the perfect balance for adventure seekers of all levels.






Evening: Dine & Enjoy Live Music in Cavan Town

Conclude your action-packed day in Cavan Town, where you can enjoy a hearty dinner followed by live music in one of the town's welcoming pubs. After a day on the water, indulge in locally sourced cuisine, from fresh lake fish to traditional Irish dishes, while soaking in the vibrant atmosphere of this historic town.

Whether you are watching the sun set over the lake or enjoying a lively music session with locals, Day Three provides the perfect combination of adventure, scenic beauty, and vibrant Irish culture.



-  Annagh Lake Amenity Site, N3, Kilnaleck, Co. Cavan
-  Cavan Adventure Centre, Inishmore, Butlers Bridge, Co. Cavan, H12 CD43
-  Cavan Town, Co. Cavan



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