



CUILCAGH
LAKELANDS
GEOPARK

Arch House B&B



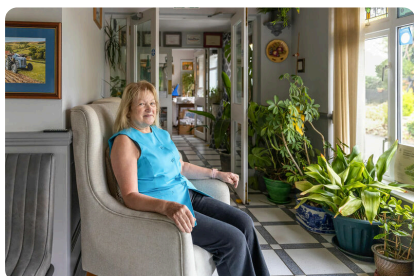
Know Before You Go Guide



Arch House B&B is a family run B&B in Florencecourt, Co Fermanagh, which is a friendly and comfy place in a quiet countryside area. This guide will help you get ready for your stay.



To book your stay at Arch House B&B you can either book online at <https://archhouse.com/restaurant/>, email tully.guest60@hotmail.com or call +44(0)2866348452.



Before you come, contact the B&B to talk about any requirements. This is Rosemary, owner of Arch House B&B. She is happy to help you plan your visit and when you arrive.



Arch House B&B has a ramp at the front entrance, a wide front door, a ground-floor accessible toilet and handrails on both sides of the stairs. There is parking close to the entrance.



The B&B is in a calm area, which helps guests relax. Quiet rooms and dining times can be arranged.



The dining room is accessible and flexible seating options are available for your comfort. There are no accessible bedrooms on the ground floor.



Breakfast and meals use local food when possible. Let staff know about any food needs or allergies before you arrive. We are happy to help.



Welcome

Arch House B&B tries hard to make everyone feel welcome. We hope you have a peaceful and happy stay in Co Fermanagh. Enjoy your visit!



Sensory Tools in Nature



Arch House B&B is surrounded by nature in a quiet countryside. The perfect place to relax or explore.



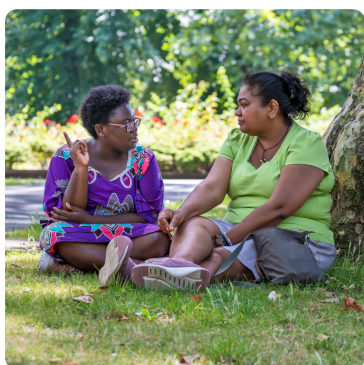
Stop and listen to the sounds around you. Hear the birds singing, and the wind moving through the trees.



Arch House B&B is located next to a family farm. Sheep may be seen and heard during Spring.



Look at the trees and clouds in the sky. Can you spot shapes? It is calming to notice what's around you.



Put your feet in the grass. Feel the leaves. You can use these textures to stim or feel calm.



Watch how the plants and trees move in the wind. Sway like the trees. Moving your body can feel fun and help you feel good.



Take a deep breath and notice the different scents. Smell the flowers, grass, and trees. Smelling nature can be relaxing and make you feel happy.



Eco Friendly



The B&B is a Member of Cuilcagh Lakelands Geopark's Business Sustainability Network.



The B&B uses refillable toiletries to cut down on plastic. We recycle and use local food.



We change towels and linen only when asked to save water and energy.



About Geoparks



Arch House B&B is located in Cuilcagh Lakelands Geopark.



What is a Geopark? A Geopark is a protected area that showcases important natural features like rocks, fossils, caves, and landscapes.



Geoparks also celebrate local culture, wildlife, and traditions. They involve communities to preserve nature.



Things To Do Nearby in Cuilcagh Lakelands Geopark



Cuilcagh Boardwalk – A hiking trail. People like to call it the 'Stairway to Heaven'.



Marble Arch Caves – An underground cave system with rivers and rock formations. Guided tours are available.



Cavan Burren Park – This is a unique landscape with ancient tombs, stone walls, and scenic walking trails.

Photosymbols®

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Cuilcagh Lakelands Geopark's Regenerative Tourism Business Network is continuously working on improving our accessibility. We welcome your feedback on our facilities and our Know Before You Go Guides. You can send feedback to info@cuilcaghlakelands.org.