

Corralea Centre



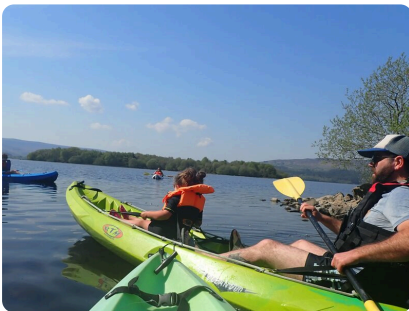
Know Before You Go Guide



Corralea Centre is a family-run place located near Belcoo in Co Fermanagh. This guide will help you get ready for your visit.



To book an activity or your stay with Corralea Centre you can either book online at <https://corralea.com/>, email info@corralea.com or call +44(0)2866386123.



We offer canoe, SUP and e-bike hire, and offer unique outdoor experiences like our eco spa with wood burning hot tubs and sauna.



This is Brian, one of the Instructors with Corralea Activity Centre. Brian is happy to help with any questions.



Our staff are JAM trained to help everyone have a good time.



If you are hiring equipment or using the eco spa, there is a car park on the right as you arrive at Corralea Activity Centre. If you are staying in a cottage, you can park beside the cottage.



Access to the office and stores is level. There is a concrete path all the way to the lake.



Corralea has 4 self-catering cottages in a big forest park. Our family lives on site.



There is free Wifi.



One cottage is wheelchair-friendly. The shower has a seat and the toilet is high level with a grab rail.



The cottages are set around a communal lawn with a volleyball net.



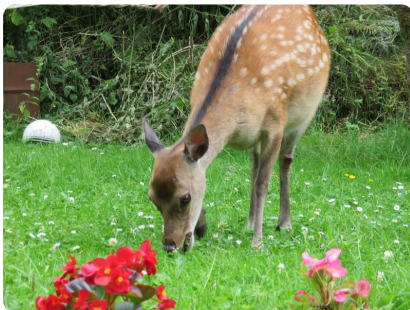
There is a playground and BBQ hut.



Sensory Tools in Nature



Corralea is very peaceful and the perfect place to explore Lough MacNea and the surrounding forest. Located away from the road, there are no bright lights or noise.



You can regularly see Sika Deer and Red Squirrels in the forest and around the cottages.



Stop and listen to the sounds around you. Hear the birds singing, and the wind moving through the trees.



Look at the trees and clouds in the sky. Can you spot shapes? It is calming to notice what's around you.



Put your feet in the grass. Feel the leaves. You can use these textures to stim or feel calm.



Watch how the plants and trees move in the wind. Sway like the trees. Moving your body can feel fun and help you feel good.



Take a deep breath and notice the different scents. Smell the flowers, grass, and trees. Smelling nature can be relaxing and make you feel happy.



Eco Friendly



Corralea Activity Centre is a Member of Cuilcagh Lakelands Geopark's Business Sustainability Network.



Corralea focuses on eco-tourism and want guests to enjoy nature in a responsible way that protects the environment.



We use solar panels on the cottages and wood stoves for heating to save on energy usage.



About Geoparks



Corralea is located in Cuilcagh Lakelands Geopark.



What is a Geopark? A Geopark is a protected area that showcases important natural features like rocks, fossils, caves, and landscapes.



Geoparks also celebrate local culture, wildlife, and traditions. They involve communities to preserve nature.



Things To Do Nearby in Cuilcagh Lakelands Geopark



Scarplands Cycle Trail – The longest gravel cycle trail on the island on Ireland.



Cuilcagh Boardwalk – A hiking trail. People like to call it the 'Stairway to Heaven'.



Marble Arch Caves – An underground cave system with rivers and rock formations. Guided tours are available.

Photosymbols®

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Cuilcagh Lakelands Geopark's Regenerative Tourism Business Network is continuously working on improving our accessibility. We welcome your feedback on our facilities and our Know Before You Go Guides. You can send feedback to info@cuilcaghlakelands.org.